

Important Athletic Dates

PLAINFIELD NORTH HIGH SCHOOL

Tiger Athletic Department 609-6186

Athletic Office is open from 9:00-3:00 starting August 11, 2008

Athletic Director-Jeff Johnson Asst. Athletic Director-Ron Lear

Athletic Department Secretary-Anne Bardachowski

www.learningcommunity202.org/PNHS

SAVE!

PHYSICAL/ATHLETIC CODE MUST BE TURNED IN PRIOR TO FIRST DAY OF TRYOUTS/PRACTICE
PHYSICAL - All athletes (including freshmen) must have a physical on file in the Athletic Office **before the first day of tryouts or practice**. Incoming Freshmen should turn in a **copy** of their school physical to the Athletic Office. (Please do not turn in original physical to the AD office.) Physicals are good for one year from date taken.
ATHLETIC CODE - All athletes and parents must sign the athletic code. One athletic code covers all sports participation for the school year. Codes are in the Athletic Handbook and will be available in August in the AD Office.
PARTICIPATION FEE: For 2008-2009 the fee is \$61.00 for each sport. **YOU MUST HAVE AN ATHLETIC CODE AND PHYSICAL ON FILE IN OUR OFFICE TO PARTICIPATE IN TRYOUTS/PRACTICE.**

*** For schedules, changes, directions: www.highschoolsports.net ***

SPORTS PHYSICALS: Plainfield North High School August 7 & 11 5:00pm-7:00pm
PNHS Athletic Wing – Door X - Cost - \$25.00 Physicals will be given on a first come-first served basis. If these times are not convenient, you will need to make arrangements to see your physician.
Sports physicals are valid for sports only and cannot be used as an incoming freshman physical.

FOOTBALL REGISTRATION

Saturday, August 9, 2008 – 9am-12pm Athletic Office
Equipment issued for all levels – Stadium Building
9:00am -Varsity
10:00am -Sophomore
11:00am -Freshmen

FALL SPORTS

Fall Registration Night – Monday, August 11, 5:00pm-7:00pm

Fall Registration Week – August 11-15 9:00am-3:00pm
Registrations held in Athletic Office.

Any athlete interested in a fall sport must attend **either** on the evening of August 11 or stop by the athletic office during this week. A valid physical and the athletic code (with parent signature) need to be turned in at this time.

(This includes Poms and Cheerleaders.)

^^Fall Sports Tryout/Practice Start Dates^^

Cheerleading- Football Sideline-Tryouts- Spring '07 Practice- Aug.13

Football, Boys/Girls Golf, Boys Soccer

Boys/Girls Cross Country, Girls Tennis, Girls Volleyball, & Girls Swimming, Poms – Aug. 13

Fall Team Awareness* – August 23

Fall Parent Expectation – August 23**

Fall Sports Award Night – TBA

Picture Day: August 22 3:00-6:00

WINTER/SPRING SPORTS

Any athlete interested in a winter/spring sport will need to register by stopping by the athletic office. (Fall athletes do not need to fill out paperwork again.)

Winter Registration Week: Oct. 27-31 9:00am-3:00pm
^^Winter Tryout/Practice Start Dates^^

Boys Bowling – October 27

Girls Basketball – November 3

Boys Basketball, Wrestling, Girls Bowling – Nov .10

Boys Swimming – November 24

Competitive Cheerleading- November 5

Winter Team Awareness* – November 15

Winter Parent Expectation – November 15**

Winter Sports Award Night – TBA

Picture Day- November 14 3:00-6:00

Spring Registration Week: Feb. 23 9:00am-3:00pm
^^Spring Tryout/Practice Start Dates^^

Boys/Girls Track-January 19

Boys Tennis, Baseball, Softball, Badminton– March 2

Boys Volleyball, Girls Soccer – March 8

Spring Team Awareness* – TBA

Spring Parent Expectation – TBA**

Picture Day: TBA

Spring Sports Award Night – TBA

***TEAM AWARENESS** - All athletes will be required to attend an awareness program (after school) once during each year of participation. Athletes must sign in to verify attendance. Athletes not attending program will be suspended from participation until requirement is met.

****PARENT EXPECTATION** – Plainfield School District #202 invites the parents of all athletes to attend a Parent Expectation Meeting. This meeting provides the opportunity for parents to listen and ask questions of the rules, regulations, and philosophy of the Athletic Department. We strongly encourage all parents to attend, especially those who have an athlete participating for the first time at PNHS.