

# Plainfield South High School Cougar Athletics 2010-2011 Athletic Start Dates and Registration Information

Fall Sports	Winter Sports	Spring Sports
Boys & Girls Cross Country August 11, 2010	Boys Basketball November 8, 2010	Girls Badminton February 28, 2011
Boys Football August 11, 2010	Girls Basketball November 1, 2010	Boys Baseball February 28, 2011
Boys & Girls Golf August 11, 2010	Boys Bowling October 25, 2010	Girls Soccer February 28, 2011
Boys Soccer August 11, 2010	Girls Bowling November 8, 2010	Girls Softball February 28, 2011
Girls Swimming August 11, 2010	Competitive Cheer November 3, 2010	Boys Tennis February 28, 2011
Girls Tennis August 11, 2010	Boys Swimming November 22, 2010	Boys & Girls Track January 17, 2011
Girls Volleyball August 11, 2010	Boys Wrestling November 8, 2010	Boys Volleyball March 7, 2011
Fall Cheerleading August 11, 2010		
Poms/Dance August 11, 2010		

### REQUIRED PAPERWORK FOR ATHLETES

▶ **PHYSICAL** - ALL athletes must have a physical on file in the Athletic Office PRIOR to the first day of tryouts or practice. PHYSICALS ARE VALID FOR ONE YEAR FROM DATE RECEIVED. *It is recommended that you wait until mid-June to obtain a physical so that it is valid for the entire school year.*

**A Note on Freshman Physicals** - The Athletic Office accepts the physical that freshman must have on file to attend school. Freshmen must turn in a COPY of their physical to the Athletic Office. Freshman physical originals must go to the nurse's office. Please do not turn in the original physical to the Athletic office. Sports physicals are different from freshman physicals and are valid for sports only and cannot be used as the required freshman physical.

▶ **REGISTRATION & CONSENT FORM** – This form includes contact information, as well as a participation consent and insurance waiver. If you do not have insurance, you will need to purchase a school-day coverage plan. Athletes AND parents must complete and sign the Registration & Consent form. One form covers all sport and activity participation for the entire school year for the length of time the student is at PSHS. The Registration & Consent form must be on file in the Athletic Office prior to the first day of tryouts/practice.

▶ **PARTICIPATION FEE** - The participation fee for 2010-11 is \$129 per sport. This fee is due at the time of registration and student accounts should be current to register.

→ Athletic Registration Forms are available at [psd202.org/pshs](http://psd202.org/pshs) within the Athletic Department section and also in the PSHS Athletics office. ←

*Please contact Athletic Director, Bob Yanello at 815.577.5587 or [byanello@psd202.org](mailto:byanello@psd202.org) with any questions.*

#### FALL SPORT REGISTRATION

August 9<sup>th</sup> – August 13<sup>th</sup>, 9am-3pm

@ PSHS Athletic Office

Tuesday, August 10<sup>th</sup> – additional hours of 5-7pm

Football Registration & Equipment Handout –

August 7, 2010 – 9-11am @ Stadium

Participation fees will be collected at registration.

#### WINTER & SPRING SPORTS REGISTRATION

All athletes interested in a winter or spring sport will need to register by dropping the required paperwork off at the athletic office. Fall athletes do not need to fill out paperwork again, but will need to pay an additional participation fee.