

Aux Sable Athletics

Athletic Coordinator: Jennifer Murphy

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815-439-7092

SPORTS PHYSICALS !!!!

Those students, who are planning on participating in the following sports, **MUST** have a physical completed by a physician on file at Aux Sable prior to the start of the try-outs or the first day of practice if there are no try-outs. If you have had a physical in the past year (not school year), it is valid for exactly one calendar year.

2011-2012 Sports Offered and Important Dates:

FALL SPORTS

<u>SPORT</u>	<u>GENDER</u>	<u>GRADE LEVEL</u>	<u>TRY-OUT DATES</u>	<u>FIRST PRACTICE</u>
Volleyball	Female	7 th and 8 th	Aug. 22, 23 & 24	Aug. 25
Soccer	Male	7 th and 8 th	Aug. 22, 23 & 24	Aug. 25
Cross Country	Female/Male	6 th , 7 th and 8 th	Everyone makes it!	Aug. 25

WINTER SPORTS

<u>SPORT</u>	<u>GENDER</u>	<u>GRADE LEVEL</u>	<u>TRY-OUT DATES</u>	<u>FIRST PRACTICE</u>
Basketball	Male	7 th and 8 th	Oct. 17, 18 & 19	Oct. 24
Cheerleading	Female/Male	7 th and 8 th	Oct. 17, 18 & 19	Oct. 24
Wrestling	Female/Male	6 th , 7 th and 8 th	Everyone makes it!	Dec. 12
Basketball	Female	7 th and 8 th	Jan. 9,10 & 11	Jan. 12

SPRING SPORTS

<u>SPORT</u>	<u>GENDER</u>	<u>GRADE LEVEL</u>	<u>TRY-OUT DATES</u>	<u>FIRST PRACTICE</u>
Soccer	Female	7 th and 8 th	March 19, 20 & 21	March 22
Volleyball	Male	7 th and 8 th	March 19, 20 & 21	March 22
Track	Female/Male	6 th , 7 th and 8 th	Everyone makes it!	March 22

Last Day to join Track : March 30th

INTRAMURAL SPORTS

The purposes of intramurals are: fun, physical fitness, competition, character and leadership. A range of sports are offered at our middle school for 6th-8th graders. Intramural offerings are based on student interest. All students are encouraged to participate in one or more intramural sports. There are no participation fees or physicals required. Intramurals are co-ed activities held twice a week after school.