

BADMINTON STUDY GUIDE

HISTORY: Recorded in 12th century- Royal Courts of England
Recorded in 17th century- Royal Courts of Poland
Duke of Beaufort named it Badminton after his hometown in Badminton, England.
American Badminton 1936

GAME: played to 15 points, must win by two

SERVICE:

- Server must say their score first, opponent's score second
- The first serve of each inning starts in the RIGHT SERVICE COURT
- The serve is delivered to the opposite, diagonal service court
- After a point has been scored the server will switch court sides with his/her teammate. The server will continue to serve until their team faults.
- Only during the first inning will just one server serve. In every other inning both teammates will serve to complete the inning.
- Can **only score** a point when **servicing**.
- A bird landing on the line is considered good.
- All players should know which half of the court they started the game on.

FAULTS:

- A served or played shot that lands outside the court, not touching the line.
- Bird passes through or under the net.
- Bird strikes the ceiling
- Bird is touched more than once on the same side, before returning it
- Server is on or over the service line when serving the bird
- Served bird was struck above waist or racket head was above wrist holding the racket (NO OVERHAND, SIDEARM SERVES!!)
- Someone other than the intended receiver returns the served bird
- Reaching over the net or contacting the net with racket or body
- Served bird lands in no service zone

DOUBLES STRATEGY:

- Side by side
- Up and back
- Combination

SKILLS:

- Overhead/Underhand Clear
A high shot which falls close to the back line, used to drive opponents away from net
- Smash
Powerful attack shot that sends the Bird downward over the net
- Drop
A shot that drops immediately after Crossing the net
- Drive
An attack shot, hit flat and fast, used to run opponent from side to side
- Serve
An underhand shot used to put the bird in play in order to score a point

COURT: