

Heritage Grove Middle School



To: 8th Grade Parents

Re: Sex Education / Abstinence Program

From: Heritage Grove Physical Education Department

MEMO

The eighth grade health curriculum in Plainfield School District #202 includes a unit in sex education. The program used is called “Quest”; it is an abstinence based sex education. The program not only deals with issues involving sex education, but more about relationships and making good decisions in their lives. Students will be participating in this unit during the winter months; the unit will be covered in a three-week period. Each student will be given a workbook which we encourage you to review and discuss the topics with your son/daughter. If you have any questions on these materials we invite you to come in and review the material with one of our Physical Education/Health teachers.

School Board policy extends parents the option to have their son or daughter excused from participating in this part of the Health Curriculum. You may do so by completing the form below and having your child return it to their PE teacher. These forms are due back before your son/daughter begins Health and need only to be completed if you **do not** want your child to participate in the program. Students not participating in this program will be provided with an alternative assignment.

Sincerely,
Heritage Grove PE/Health Department

I **DO NOT** wish my child to participate in the sex education component of the Health program for eighth grade students.

Student Name: _____

Parent Signature: _____ Date: _____