

# January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
<p><b>1) All open gyms and training sessions will take place in the field house unless otherwise noted.</b></p> <p><b>2) Bring a jump rope and water bottle to all training sessions. Some may go past 4:00 p.m.</b></p>						
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 Open Gym 5-7 pm	26 Training 3-4 pm	27	28 Training 3-4 pm	29	30
31						

# February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Open Gym 5-7 pm	2	3 Training 3-4 pm	4	5 Training 3-4 pm	6
7	8	9 Training 3-4 pm	10	11 Training 3-4 pm	12	13
14	15 Open Gym 5-7 pm	16 Training 3-4 pm	17	18 Open Gym 5-7 pm	19	20
21	22 Open Gym 5-7 pm	23 Training 3-4 pm	24	25 Training 3-4 pm	26	27
28						

# March 2010

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Training 3-4 pm	3	4 Training 3-4 pm	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			