

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25 first day of practice 2:50-4:30	26 practice 2:50-4:30	27 practice 2:50-4:30	28 practice 2:50-4:30	29 practice 2:50-4:30	30 No Practice
February 1 practice 2:50-4:30	2 NO SCHOOL- practice time- TBA	3 practice 2:50-4:30	4 practice 2:50-4:30	5 practice 2:50-4:30	6 <b><u>REQUIRED</u></b> practice 8-9:30
8 practice 2:50-4:30	9 practice 2:50-4:30	10 Practice 2:50-4:30	11 Practice 2:50-4:00 <b>FUNDRAISER</b>	12 practice 2:50-4:30	13 <b><u>REQUIRED</u></b> practice 8-9:30 <b>UNIFORMS &amp; T-SHIRTS!</b>
15 NO SCHOOL Run on your own	16 practice 2:50-4:30	17 <b>Bolingbrook meet 5:30</b>	18 practice 2:50-4:30	19 practice 2:50-4:30	20 <b><u>REQUIRED</u></b> practice 7-8 <b>courts 1, 2, 3</b>
22 practice 2:50-4:30	23 practice 2:50-4:30	24 <b>Home Meet-4:30</b>	25 practice 2:45-4:30	26 practice 2:45-4:15	27 <b>PSHS Invite 9:00</b>

**JANUARY/FEBRUARY**

**PNHS GIRLS TRACK**

**GO TIGERS!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>March 1</b> practice 2:50-4:30	<b>2</b> practice 2:50-4:30	<b>3</b> practice 2:50-4:30	<b>4</b> practice 2:50-4:30 Field House	<b>5</b> practice 2:50-4:30	<b>6 PNHS RELAY INVITE 9:00</b> Arrive at 7:45
<b>8</b> practice 2:50-4:30	<b>9</b> practice 2:50-4:30	<b>10 @ PEHS w/ OEHS 4:30</b>	<b>11</b> practice 2:50-4:30 Field House 2:45-4:15	<b>12</b> practice 2:50-4:30 <b>pictures</b>	<b>13</b> Practice 7:30-8:30
<b>15</b> practice 2:50-4:30	<b>16</b> practice 2:45-4:15 Field House- VARSITY <b>JV meet @ OSWEGO 5:00</b>	<b>17</b> practice 2:50-4:30	<b>18</b> practice 2:50-4:30	<b>19</b> practice 2:50-4:30	<b>20 PNHS INVITE 9:00</b> Arrive at 7:45
<b>22</b> practice 2:45-4:30	<b>23</b> Practice 2:50-4:30	<b>24</b> Practice 2:50-4:30	<b>25 ½ day</b> Practice 10:30-11:30	<b>26 P/T CONF. NO SCHOOL</b> Practice TBA	<b>27</b> Indoor State Practice 8-9 (for non-qualifiers)
<b>29 No Practice</b>	<b>30</b> practice 8-9:15	<b>31</b> practice practice 8-9:15	<b>April 1</b> practice 8-9:15	<b>2</b> no practice	<b>3</b> practice 8-9:15

**MARCH/APRIL**

**PNHS GIRLS TRACK**

**GO TIGERS!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>April 5</b> practice 2:50-4:30	<b>6 Home w/ Oswego &amp; PEHS 4:30</b>	<b>7</b> practice 2:50- 4:30	<b>8</b> practice 2:50- 4:30	<b>9</b> practice 2:50- 4:30	<b>10</b> PNHS RELAY INVITE 9:00-arrive at 7:45
<b>12</b> practice 2:50- 4:30	<b>13 @ Minooka 4:30</b>	<b>14</b> practice 2:50- 4:30	<b>15</b> practice 2:50- 4:30	<b>16</b> practice 2:50- 4:15	<b>17</b> practice 8-9:15
<b>19</b> practice 2:50- 4:30	<b>20</b> practice 2:50- 4:30	<b>21 @ PSHS w/ PCHS 4:30</b>	<b>22</b> practice 2:50- 4:30	<b>23</b> practice 2:50- 4:30	<b>24</b> Bremen Invite 9:00, 7:00 bus
<b>26</b> practice 2:45- 4:30	<b>27 @ OEHS w/ Romeoville 4:30</b>	<b>28</b> practice 2:45- 4:30	<b>29</b> practice 2:45- 4:30	<b>30 Hunt Invite 4:30, 2:45 bus</b>	<b>MAY 1</b> PRACTICE 8-9:15
<b>3</b> practice 2:45- 4:30	<b>4</b> practice 2:50- 4:30	<b>5</b> practice 2:45- 4:30	<b>6 CONFERENCE @ PCHS 3:00, 1:20 bus</b>	<b>7</b> NO PRACTICE	<b>8</b> Practice 8-9:15
<b>10</b> practice for 2:45-4:30	<b>11</b> practice 2:45- 4:30	<b>12</b> practice 2:45- 4:30	<b>13</b> practice 2:45- 4:30	<b>14</b> SECTIONALS	<b>15</b> NO PRACTICE
<b>17</b> practice for qualifiers	<b>18</b> practice for qualifiers	<b>19</b> practice for qualifiers  Pizza party/uniform turn in	<b>20</b> leave for state	<b>21</b> IHSA STATE FINALS	<b>22</b> IHSA STATE FINALS

**APRIL/MAY**

**BANQUET:**