

PLAINFIELD NORTH TIGERETTES: Tryout Score Sheet

Tryout #: _____ **Technique Score:** ____/30 **Performance Score:** ____/25 **Overall Score:** ____/55

***Varsity level technique: boxes 4 and 5 and JV level technique: boxes 2 and 3.

Elements must be mastered. Judges will ask to see the prior level skill if performed skill is not solid.

Technique:

	1	2	3	4	5
Leaps	Below average leap (less than 90 degrees, bent legs, flexed feet, weak arms)	Average leap (90-180 degrees, straight legs and arms)	Above average single leap (180+ degrees, straight legs and arms, pointed toes)	Average Leap Combination (1 above average- not both and/or pause to adjust between leaps)	Above Average Leap combination (both above average, smooth transitions)
Chaine Combinations across the floor	Single Chaine	Double Chaine or Chaine with Pique	Chaine with Axel	Chaine with C or Chaine with Calypso	Chaine with turning toe
Turns	Weak single turn (no spotting, incomplete, weak arms, not in posse, flexed feet, lack of control)	Strong Single turn (spotting, strong arms, in posse, pointed toes, lack of control after 1 st turn)	Strong double turn (spotting, strong arms, in posse, pointed toes, lack of control after 2 nd turn)	Strong 3 fouettes/ triple turn (spotting, strong arms, in posse, pointed toes, lack of control after 3rd turn)	Strong 4 or more fouettes/turns (spotting, strong arms, in posse, pointed toes, total control)
Jumps*	2 below average jumps (1 toe touch, 1 other)	1 average, 1 below jump (1 toe touch, 1 other)	2 average jumps (1 toe touch, 1 other)	1 average, 1 above average jumps (1 toe touch, 1 other)	1 double toe touch or 2 above average jumps (1 toe touch, 1 other)
Flexibility	.5 Weak heal stretch	1 1 Strong heal stretch (left or right)	1.5 2 Strong heal stretches Split Roll	2 Scorpion Pull thru	2.5 Bow and Arrow Six O'Clock Needle Turn
Splits	.5 Can not do either side splits	1 Is close in one split only	1.5 Has one split only	2 Has one split & is close to the other	2.5 Has both right and left splits
Kicks (height and form) [scored during routine]	1 Below average in both height and form (90 degrees or below, bent legs, flexed feet, poor turn out)	2 Below average in one area and average in the other	3 Average height and form (120 degrees, straight legs, pointed toes, legs are turned out)	4 Above average in one area and average in the other	5 Above Average height and form (160-180 degrees, straight legs, pointed toes, legs are turned out)
(Total out of 30)					Total:

Performance:

	1	2	3	4	5
Memorization	Forgot more than 3 eight counts	Forgot 2 eight counts-poor recovery	Forgot 1 eight count – average recovery	Forgot 1 four count – good recovery	Remembered entire routine
Stiffness/Sharpness (tightness, sharpness, precision & power)	1 Very loose, not sharp, no power, no precision	2 Lacks three of four:	3 Lacks one/ two of four:	4 All four ¾ of routine	5 All four all of routine
Body Control/Placement	1 Overextending/ under-extending, lack of balance for entire routine	2 Overextending/ under-extending for most of routine and very little balance	3 Average placement, controlled moves and balance for 1/2 of routine	4 Above average placement, control and balance for ¾ of routine	5 Perfect placement, total control of body and completely balanced for entire routine
Showmanship/Facials	1 No energy, no facials	2 Low energy level, facials for less than half of routine	3 Medium energy level, facials for half of routine	4 Above average energy level, facials for almost all of routine	5 High energy, sells routine, variety of facials throughout
Overall Dance Ability	1 Below average in all areas of dance (does not dance full out, technique needs improvement)	2 Below average in some areas of dance (dances full out sometimes, technique needs improvement)	3 Average in all areas of dance (dances full out entire time, technique is clear sometimes)	4 Above average in most areas of dance (dances full out entire time, exhibits personal style, technique is clear)	5 Above average in all areas of dance (dances full out entire time, exhibits personal style, high technique)
(Total out of 25)					Total:

Comments/Notes from clinic and/or try-out on backside:

***Jump definitions:**

Jump	Below Average	Average	Above Average
Toe Touch	less than 90 degrees, bent legs, flexed feet, weak arms	90-180 degrees, straight legs and arms, pointed toes	180+ degrees, straight legs and arms, pointed toes
Calypso Jump	Both legs bent, little to no arch, flexed feet, weak arms	Between below average and above average....exhibits some of both characteristics	1 leg straight, 1 leg bent near head, exaggerated arch, pointed toes, controlled arms
C-Jump	Legs not far off the ground, little to no arch, flexed feet, weak arms	Between below average and above average....exhibits some of both characteristics	Bent legs near head, exaggerated arch, pointed toes, controlled arms

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Tryout #: _____

TOTAL SCORE from 4 judges: _____/220

Average of Teacher Evaluations: _____/20

(Total points with Evals: _____/250)

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