

**PLAINFIELD NORTH HIGH SCHOOL
BOWLING PROGRAM**

Teams: 3 Varsity, JV1, JV2

Varsity:

- 1.) The best players in the program, no matter what class they are in.
- 2.) The number of players for varsity & JV will range from 5 to 10 each year, and freshmen team from 3 to 8
- 3.) Varsity is set during 1st week, but players can move up or down during season.
- 4.) Varsity will practice from 3:15 to 5:45 Monday thru Thursday
- 5.) Varsity member are guaranteed to bowl in dual meets at varsity or JV1
- 6.) Occasionally practice can be held out of town (conference, sectional week)
- 7.) Uniform shirts are provided for meets. Must be worn to bowl.
- 8.) Practice shirts are mandatory at all practices.
- 9.) Notebooks will be given out and required every day.
- 10.) Varsity will bowl a minimum of 4 games at practice
- 11.) Varsity will get the majority of the head coaches time in practice.

Program:

- 1.) Practices are mandatory every day.
- 2.) Three unexcused absences will turn into dismissal from team.
- 3.) If there is no school that day, no practice.
- 4.) No practices on Fridays.
- 5.) Practice can be moved up if school is released early.
- 6.) Players are required to be on time and act in a professional manner.
- 7.) Detentions are not accepted in this program.
- 8.) Schoolwork is the most important thing here at PNHS. If a player needs to stay with a teacher after school for extra work, that is accepted.
- 9.) If players become sick at school, Mr. Lear is to be contacted by the player or nurse. Not doing this will result in an unexcused absence.

MEETS:

- 1.) Most dual meets are held on Tuesdays and Thursdays
- 2.) 3 levels held in conference at a meet. Non-Conference is 2 levels.
- 3.) Every bowler is NOT guaranteed to bowl in meets.
- 4.) Every bowler is expected to be on time and stay in designated area.
- 5.) Every player must be in uniform for meets.
- 6.) Lower level player are to stay until varsity match is over.
- 7.) Those not bowling will be required to sit directly behind team at all times.
- 8.) No food is allowed during meets. Drinks are acceptable if permission granted and purchased by someone other than player during a meet.
- 9.) Bowling equipment is to be kept in the officials locker room during day.

Players are to report directly to officials locker room after school for away meets. School is open when we return.

10.) Players will travel to and from school with team on away meets. If emergency arises, a note must be signed, by the parent and a member of the athletic administration, a minimum of 24 hours in advance.

11.) After away meets during the week, we will stop to get players something to eat if they have money.

12.) Cell phones are to be turned off during practices and meets. They are allowed on bus if speaking to a parent.

TOURNAMENTS:

- 1.) Some tournaments are varsity only. If so, only varsity members will go
- 2.) Bus will leave from the school.
- 3.) If a player misses the bus, they will not bowl in the meet.
- 4.) Team will stop to get breakfast before we go out of town.
- 5.) Tournaments are 6 games.
- 6.) Players are not guaranteed to play in tournaments.
- 7.) Always go out to lunch between sessions of a tournament.
- 8.) Don't generally stop to eat after a tournament.
- 9.) Team will always stay until awards are passed out.

EQUIPMENT:

- 1.) All bowlers should have their own equipment. Not required but highly recommended in order for player to improve.
- 2.) Please see your head coach before purchasing equipment.
- 3.) The coach will **NOT** require a player to buy equipment at a certain location, but may give suggestions for the betterment of the player.
- 4.) Any equipment or uniforms given to players must be returned in good shape or must be purchased so school can replace for next year.
- 5.) Players need to speak with the head coach at the conclusion of the season to determine if new equipment is needed for the following year.

PRE-SEASON RESPONSIBILITIES:

- 1.) Players must have a physical on file before they can participate
- 2.) A code of conduct must be signed by player and parent in order to play.
- 3.) An activity fee must be paid. Amount set by administration at beginning of the school year.
- 4.) T-Shirt fees need to be paid at the beginning of the season.
- 5.) All parents must attend a mandatory parent orientation meeting.
- 6.) All players must attend a team awareness meeting before the season.

OTHER RULES:

- 1.) After the 1st day of practice, a player may not participate in a youth league.
- 2.) All players will behave properly and show respect to teammates, coaches, opposition, and fans at all times.